These questions are about your craving or desire for ……………………………

Think about the time in the LAST ………… you MOST WANTED it.

For each item, mark an X in a box to make your rating.

At that time…
…how much did you want it? Not at all [] [] [] [] [] [] [] [] [] [] Extremely
…how much did you need it? Not at all [] [] [] [] [] [] [] [] [] [] Extremely
…how strong was the urge to have it? Not at all [] [] [] [] [] [] [] [] [] [] Extremely

At that time, how vividly did you…
…picture it? Not at all [] [] [] [] [] [] [] [] [] [] Extremely
…imagine its taste? Not at all [] [] [] [] [] [] [] [] [] [] Extremely
…imagine its smell? Not at all [] [] [] [] [] [] [] [] [] [] Extremely
…imagine what it would feel like in your mouth or throat? Not at all [] [] [] [] [] [] [] [] [] [] Extremely
…imagine how your body would feel? Not at all [] [] [] [] [] [] [] [] [] [] Extremely

At that time…
…how hard were you trying not to think about it? Not at all [] [] [] [] [] [] [] [] [] [] Extremely
…how intrusive were the thoughts? Not at all [] [] [] [] [] [] [] [] [] [] Extremely
…how hard was it to think about anything else? Not at all [] [] [] [] [] [] [] [] [] [] Extremely
These questions are about your craving or desire for ………………………………

Please answer HOW OFTEN these things happened in the last …………………

**Over the last ………., how often did you**

- … want it? **Not at all** □ □ □ □ □ □ □ □ □ □ **Constantly**
- … need it? **Not at all** □ □ □ □ □ □ □ □ □ □ **Constantly**
- … have a strong urge to have it? **Not at all** □ □ □ □ □ □ □ □ □ □ **Constantly**
- … picture it? **Not at all** □ □ □ □ □ □ □ □ □ □ **Constantly**
- … imagine its taste? **Not at all** □ □ □ □ □ □ □ □ □ □ **Constantly**
- … imagine its smell? **Not at all** □ □ □ □ □ □ □ □ □ □ **Constantly**
- …imagine what it would feel like in your mouth or throat? **Not at all** □ □ □ □ □ □ □ □ □ □ **Constantly**
- …imagine how your body would feel? **Not at all** □ □ □ □ □ □ □ □ □ □ **Constantly**

**Over the last ------, how often**

- … were you trying not to think about it? **Not at all** □ □ □ □ □ □ □ □ □ □ **Constantly**
- … were the thoughts intrusive? **Not at all** □ □ □ □ □ □ □ □ □ □ **Constantly**
- … was it hard to think about anything else? **Not at all** □ □ □ □ □ □ □ □ □ □ **Constantly**