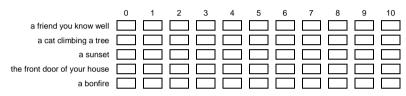
# Psi-Q: The Plymouth Sensory Imagery Questionnaire

Please try to form the images described below and rate each mental image on the following scale:

# 0 (no image at all) to 10 (image as clear and vivid as real life)

Tick the appropriate box for each item. Please rate every item.

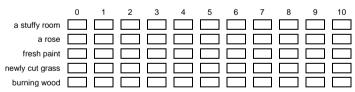
# Imagine the appearance of:



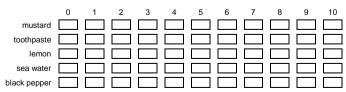
#### Imagine the sound of:

	0	1	2	3	4	5	6	7	8	9	10
an ambulance siren											
hands clapping in applause											
the mewing of a cat											
the sound of a car horn											
the sound of children playing											

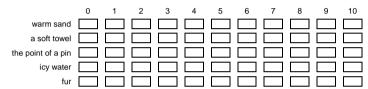
### Imagine the smell of:



### Imagine the taste of:



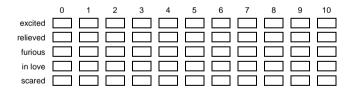
## Imagine touching:



## Imagine the bodily sensation of:

	0	1	2	3	4	5	6	7	8	9	10
relaxing in a warm bath											
having a sore throat											
threading a needle											
jumping into a swimming pool											
walking briskly in the cold											

#### Imagine feeling:



#### To score, find the mean response within each subscale, or overall.

#### In reporting any use of this questionnaire please cite:

Andrade, J., May, J., Deeprose, C., Baugh, S.J., Ganis, G. (2013). Assessing Vividness of Mental Imagery: The Plymouth Sensory Imagery Questionnaire. *British Journal of Psychology*. DOI: 10.1111/bjop.12050